

”Saturday Night Live” with Teacher Jeffrey from E-say™ English

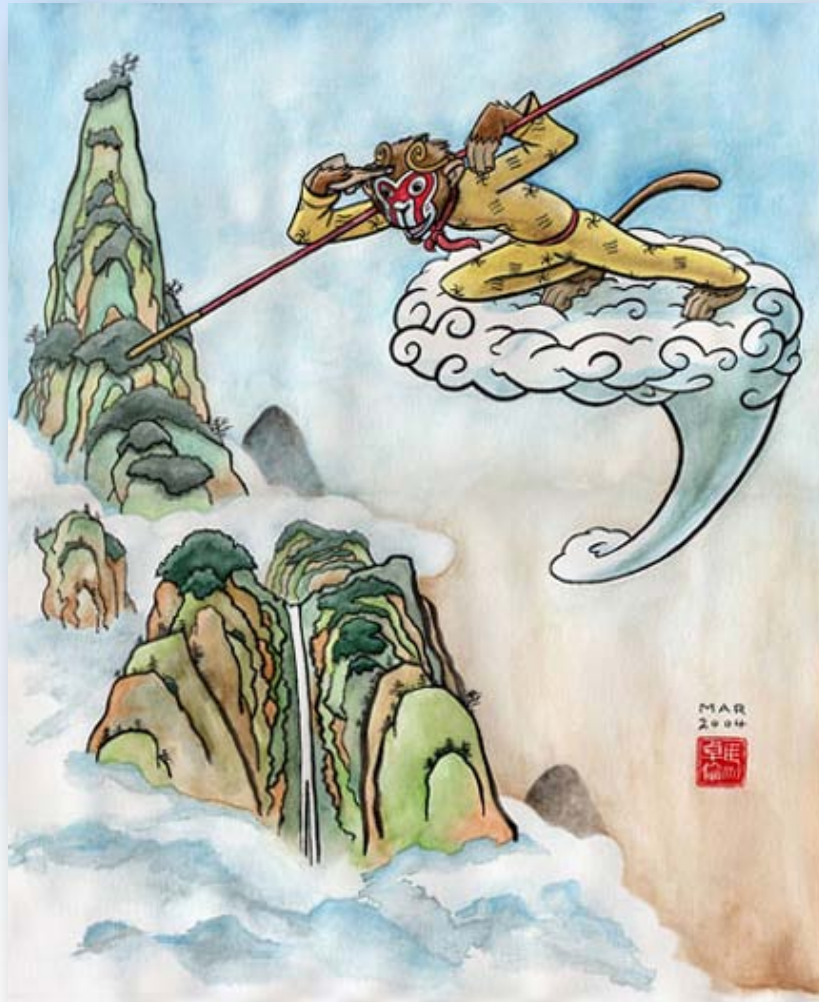


**E-SAY**  
易说堂

“No guts No Glory” ~adventure~”

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**An adventure** is an activity that is perceived to involve risky, dangerous or exciting experiences.

The term is often used to refer to activities with some potential for physical danger, such as skydiving, mountain climbing, and participating in extreme sports. However, the term also broadly refers to any enterprise that is potentially full with physical, financial or psychological risk, such as a business venture, a love affair, or other major life events.

**An adventurer** is a person who bases their lifestyle or their fortunes on adventurous acts. An adventurer or adventuress is a term that usually takes one of three meanings:

One who, travels are unusual and often exotic, though not so unique as to qualify as exploration.

One who lives by their wits.

One who takes part in a risky or speculative course of action for profit or position.

### **No guts, no glory.**

Without courage (guts) there can be no triumph (glory)- The basic idea behind the “no guts, no glory” expression is that one must have courage if s/he wants to succeed. You can use the expression any time you’re facing a difficult situation and you really want to do your best. For example, if you are going to a job interview, you might say it to yourself just before you walk in to the interview in order to inspire yourself and fill yourself with positive energy.

#### **Examples:**

””Well, this ski slope looks pretty dangerous, but no guts, no glory, right? I’m just going to take it!””

””I was really nervous before my meeting with the boss, but I decided to have courage and tell him exactly what I was thinking. I was worried what he would say, but no guts, no glory, so I just came out and told him the truth.””

””No guts, no glory. Let’s go! We’re going to win this game and take the league championship!””

””If you really want Marie to go out with you, you’re just going to have to walk up to her and ask here. No guts, no glory man. Just do it.””

#### **Key words:**

**Safari-** a journey or expedition, for hunting, exploration, or investigation, esp. in eastern Africa.

**Dare-** to have the necessary courage or boldness to (use chiefly in questions and negatives): How dare you speak to me like that? He dare not mention the subject again. 2. to challenge or provoke (a person) into a demonstration of courage; defy: to dare a man to fight.

**Voyage-** a journey or expedition from one place to another by land.

**Cross your fingers -** a gesture used to hope for good luck

**Background Reading:** Please review before class this will not be read in the group lesson.

This is the epic China adventure, comprehensive in covering the highlights of this great country yet also taking you ‘off the beaten track’, to see and do things many other travelers miss out on. From the bustle of the capital, Beijing, where we explore the major places of interest, including the Forbidden City and the Great Wall, we travel to Datong and see some amazing Buddhist cave art, before exploring the ancient town of Pingyao and visiting the famous Terracotta Warriors in Xian. We then journey to Sichuan, famous for its spicy food, and come face-to-face with giant pandas at a breeding centre near Sichuan’s capital, Chengdu. A special highlight is Emei Shan, one of the four holy mountains in China in tranquil southern Sichuan, where we appreciate the beauty of the mountain as we enjoy a trek up to its summit.

China’s Yunnan Province is widely regarded as the country’s most culturally diverse and scenically spectacular region. It is home to many colourful ethnic minority groups, each with their own characteristics. Many came from the Muslim regions along the ancient ‘Silk Route’, whilst others migrated from the mountains of Tibet. We immerse ourselves in the age-old customs and traditions of the local Bai and Naxi people, and trek through Tiger Leaping Gorge, one of the few places left in China where you can get off the beaten track.

### Trip Highlights

- Beijing
- Forbidden City
- Great Wall Trek
- Datong
- Pingyao
- Xian
- Terracotta Warriors
- Chengdu
- Giant Pandas
- Leshan
- Emei Shan
- Kunming
- Dali
- Bai Village
- Lijiang
- Tiger Leaping Gorge Trek

### Itinerary:

Day	Description
1-4	Beijing - Great Wall Trek
5-7	Datong - Pingyao
8-10	Xian - Terracotta Warriors
11-12	Chengdu - Giant Pandas
13-15	Leshan - Emei Shan
16-17	Kunming
18-19	Dali
20	Lijiang
21-23	Tiger Leaping Gorge
24-25	Kunming

### Active

These trips involve some activity and occasional hard travelling days. Accommodation can sometimes be quite basic. Physical preparation is important and a flexible, open-minded approach is essential. On treks you may be hiking up to six hours a day through steep terrain, sometimes at altitude, and a good level of physical fitness is required.



Each person in the group will take turns asking another one in the group the following questions or you can try to come up with your own questions to ask.

If you could go back to another time and place, what time and place would you choose and why?

Do you have any tattoos? If so, tell about how you got them. If not, would you ever consider getting a tattoo? Why or why not?

Who's the most adventurous person in your family? Describe what they do.

If you were offered a trip on the space shuttle, would you go? Why or why not?

Tell about an adventure you've had on public transit.

How much is life an adventure?

Tell about a road trip that you've taken.

Have you ever tried any of the following: bungee jumping, snowboarding, parachuting, hang gliding? If so, tell about it.

Would you want to climb Mt. Everest? Why or why not?

Have you ever moved to a place far from your family and friends? If so, where did you go and why?

Do you consider yourself an adventurous person? Why or why not?

What's the most exciting thing you've ever done? Tell about it.

How has your idea of adventure changed with age?

Do you think that adrenaline is addictive? Why or why not?

What's your favorite adventure story, movie, or book? Tell about it.

What countries (other than your own) would you like to live in? Why?

### Opinions, Preferences:

I think..., In my opinion..., I'd like to..., I'd rather..., I'd prefer..., The way I see it..., As far as I'm concerned..., If it were up to me..., I suppose..., I suspect that..., I'm pretty sure that..., It is fairly certain that..., I'm convinced that..., I honestly feel that, I strongly believe that..., Without a doubt...,

### Disagreeing:

I don't think that..., Don't you think it would be better..., I don't agree, I'd prefer..., Shouldn't we consider..., But what about..., I'm afraid I don't agree..., Frankly, I doubt if..., Let's face it, The truth of the matter is..., The problem with your point of view is that...

Giving Reasons and offering explanations: To start with, The reason why..., That's why..., For this reason..., That's the reason why..., Many people think..., Considering..., Allowing for the fact that..., When you consider that...

